



Sedgeberrow

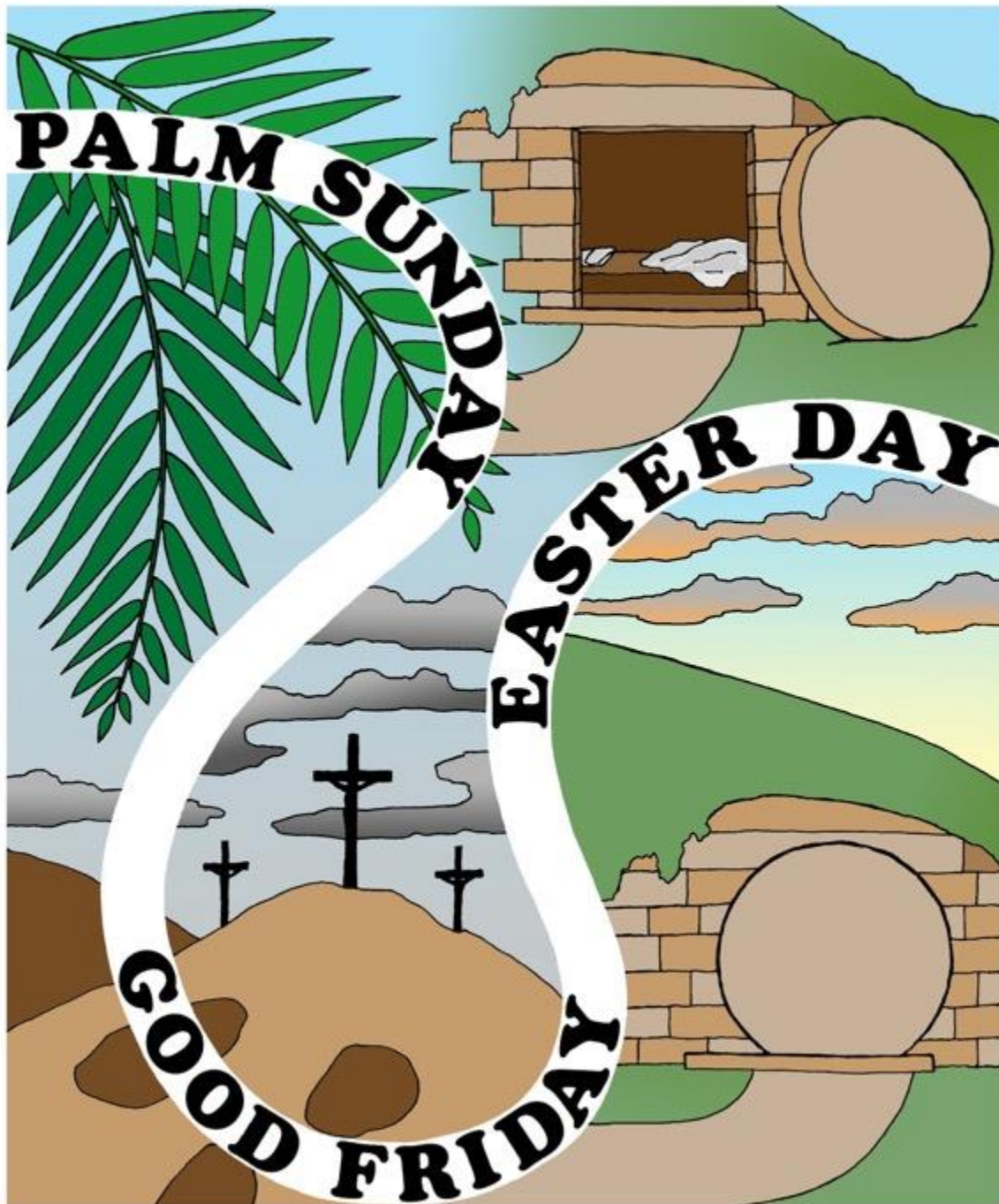


Hampton – Fairfield – Thistledown  
Eastwick Park – Charity Crescent



Hinton on the Green

# THE HERALD



The magazine of the Churches of  
Hampton, with Sedgeberrow  
and Hinton on the Green

30p

March 2024  
[www.hamptonchurch.org.uk](http://www.hamptonchurch.org.uk)

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Articles are submitted on the understanding that they may be edited to fit the available space.

**Articles can be submitted by email to: editor@hamptonchurch.org.uk**

or sent to the editor at The Parish Office, Hampton Vicarage, Pershore Road, WR11 2PQ

Large Print editions of the magazine are available on request.



# From the Interim Dean of Worcester, Stephen Edwards



Choral Mattins, the sung service of morning prayer, was the main Sunday service in my childhood parish church – the place where I first felt called to the ordained ministry and where my spirituality and faith were shaped and nurtured. Many memories come back to me when I think of my time in the choir, but as Lent journeys on I particularly remember that one of the canticles sung in the service changed: the Te Deum, the great ancient hymn of praise, was retired for the season in favour of the Benedicite Omnia Opera – a fabulously named canticle for a child to ponder.

It is an exciting musical expression of praise for creation encompassing everything from the ‘sun and moon’, ‘fire and heat’, ‘dews and frosts’, right the way through to the more exotic and bizarre praises for ‘the fowls of

the air’ and by far the best for a child to sing, ‘o all ye green things upon the earth, bless ye the Lord’.

During the seasons when the church was stripped of flowers and colour, when we were giving things up, and paring things down, it was a joyful and playful thing to sing these words every Sunday morning in Lent.

Lent is often talked about as if it were a challenge to be beaten, a marathon of demands for us to prove a point. Spiritual disciplines and denials do have their place but not as an end in themselves but as a way of stripping away the distractions that prevent us ordinarily from seeing the glory of God at work around us.

The playful words and images of the Benedicite were all the more wonderful because they were sung in a season otherwise without colour or vibrancy. I pray that these 40 days will surprise us with new and living understanding of the God who calls us, not to dullness, but to fullness of life.

**Stephen Edwards**



**Registers - There were no Baptisms, Weddings or Funerals during January 2024**

## In our Thoughts and Prayers

*God is our refuge and strength, an ever-present help in trouble. Psalm 46:1*



Each day we hear or read about new acts of aggression.

We are shocked by attacks that are regularly being made on innocent people who suffer as a result of decisions made by leaders who wish to exert power over others. Let us pray that people may learn to live together in peace and unity.

*Almighty God, the refuge of all that put their trust in you, have mercy on our distracted and suffering world, on the nations perplexed and divided. Give to all people a new spirit of repentance and amendment; direct all who are working for the removal of the causes of strife and for the promotion of goodwill. Take away whatever hinders the nations from unity and concord so that bloodshed may be averted and peace be preserved; through Jesus Christ our Lord. **Amen.***

In this time of economic difficulty and with an election not far away important decisions have to be made in the Budget. We pray that they may be driven by what is right for the well-being of our country and not simply for electoral gain.

*Grant, O Lord, that the needs of others may be placed above self-interest. Give to our decision-makers the courage to do what has to be done and the willingness to shoulder the responsibility. May your wisdom save false choices from being made and may those in greatest need benefit most. **Amen.***

Let us not forget that we are in the season of Lent and that we should be giving time and attention to our own relationship with God and the development of our spiritual life. We therefore pray:

*O God, who in your love has bestowed upon us so many gifts, mercifully grant that we be not so occupied with material things that we forget the things which are spiritual, lest having gained the whole world, we lose our own soul. **Amen***

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### **For all those who are sick, in special need or house- bound:**

Mary Andrews; Sue Burdett; Brenda Clarke; Dave Cockram; Brenda Curtis; Caroline Evans; Ann Fletcher; Heather Gibbs; Duncan Houston; Carolyn Jenkins; Annabelle Keen; Joan Parry; Keith Payne; Caroline Rusher; Steven Rhodes; Marguerite Smith; Mila Sosna; Carol Thould; David Troth; Jennifer Waters



### **For those who have died, and all who mourn them:**

John Darby, Ann Hacklett, James Corbett, Yvonne Jones, Gillian Yates, Annette Ennis, Betty Carter, Mabel Thomson and Claire Henly



## 'House of Bones' under Bishop John's home featured in a documentary

An award-winning film based on a book written by Bishop John's late wife Denise, will get a special screening at Worcester Cathedral to commemorate the 10th anniversary of her death.

The film is based around Denise Inge's book 'A Tour of Bones' which she wrote after becoming fascinated by the charnel house - a crypt filled with human bones - hidden under a trapdoor in their basement.

The history of the **charnel house** became much more significant for Denise when she was diagnosed with an inoperable sarcoma - her book covers the themes of mortality, preparing for death and embracing life.

Local video production agency, Conteur, worked in collaboration with the Bishop to create the film, 'Life Over Death', sharing never-seen-before footage of thousands of medieval human bones in the cathedral grounds and bringing to life Denise's words.

The house of bones remains one of Worcester's best-kept secrets, and Bishop John is hoping the screening will share some of the cathedral's lesser-known magic with viewers, while paying tribute to Denise who lost her life to cancer in 2014.

Bishop John Inge said:

*"Over her years living in College Yard Denise developed a fascination with the charnel house and the connection between life and death. To see her words and the strange beauty of the charnel house brought to life in film is a privilege and something so unique to Worcester. I'm hoping the community will get behind this special film, learn something new about our beautiful historic city and in the process reflect on life in the light of death."*

Shot over three days and winning 'best documentary' at Worcester's Film Festival in October last year, members of the public are now being invited to celebrate the film and Denise's life.

Tickets to the event, which takes place on Saturday, 9th March at 7.30pm at Worcester Cathedral, have been limited to 300 and cost £16 - all money raised will go to the Cathedral, which has responsibility for looking after the Charnel House. The event will feature an introduction to the film, a special behind-the-scenes viewing and a Q&A with Bishop John and the film crew. Refreshments will also be available.

[Tickets can be purchased on this Eventbrite page.](#)



# St Mary the Virgin, Sedgeberrow

Our Coffee Mornings continue to be well supported.

Our next one is on **Thursday March 28th at 10am**



**Come and Join us for a fun evening  
In aid of Church funds**



## Springo Bingo!

*Hampton Club*

*Monday 11 March*

*7.00 for 7.30pm*

*Chocolate Prizes*

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## SERVICES FOR APRIL 2024

Wednesday 3	10am	Holy Communion	Hampton
<b>7 April – First Sunday after Easter</b>			
	8am	Holy Communion	Hampton
	10am	Asum Eucharist	All Saints
Exodus 14: 10-end or Acts 4: 32-35; Acts 4: 32-35 or 1 John 1: 1-2.2; John 20: 19-end			
Wednesday 10	10am	Holy Communion	Hampton
<b>14 April – Second Sunday after Easter</b>			
	8am	Holy Communion	Hampton
	10am	Parish Eucharist	Hampton
	10am	Morning Praise	Sedgeberrow
	11am	Morning Praise	Hinton
Zephaniah 3: 14-end or Acts 3: 12-19; Acts 3: 12-19 or 1 John 3: 1-7; Luke 24: 36b-48			

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# St David's Day: 1 March

*Who links daffodils with leeks, sessile oak trees and red kites?*

**Answer: St David of Wales on 1 March when everything Welsh is celebrated.**

Traditionally Welsh people would wear a leek on St David's Day, but more recently this has been replaced with the flower of Wales, the wild daffodil, also known in English as St Peter's leek. Other much-loved symbols of Wales include the Welsh Harp, the Welsh Oak or Sessile Oak, the Red Kite and a Red Dragon.

Saint David was born in Wales and became Bishop of Mynyw, which is better known today as St David's, the smallest city in Britain.

While there are well documented accounts of St David's life, the details are not always precise, for example, the date of his birth and death range from 462-512 to 500–589. David is believed to be son of a prince and a nun. His mother, Non, is also recognised as a saint and she is celebrated on 2 March. David was canonised in 1120 and was declared Patron Saint of Wales.

It was not until the 19th Century that the wild daffodil emerged as an alternative emblem for the leek that was traditionally worn by Welsh warriors to distinguish them from the enemy when they went into battle.

**The Wild Daffodil** became fashionable when Lloyd George wore a daffodil on St David's Day and encouraged its use at the investiture of the Prince of Wales in 1911. Daffodils, of course, are usually in plentiful supply on St David's Day, and smell sweeter than leeks!

**The Red Kite** was voted the most popular bird in Wales in 2007 and it was adopted as the national symbol of Wales for wildlife.

**The Welsh Oak** is not only a symbol of strength and endurance but also a living testament to the nation's deep-rooted connection with nature. This tree's history is intertwined with Welsh folklore, where it is celebrated for its robustness and longevity.

**The Welsh Harp** is an icon of Welsh pride and cultural heritage that has been associated with bards of old to modern musical events, especially in Welsh arts festivals known as Eisteddfod. The instrument was not invented in Wales, it was created in Italy in the 16th Century.

**As for the Red Dragon**, it is thought that the Welsh kings of Aberffraw, a village community on the south west coast of the Isle of Anglesey in Wales, first adopted the dragon in the early 5th Century in order to symbolise their power and authority after the Romans withdrew from Britain. Later, around the 7th Century, it became known as the Red Dragon of Cadwaladr, who was the King of Gwynedd from 655 to 682.

## Local Warm Spaces

### **Caring Hands in the Vale - The Lighthouse**

Waitrose Car Park

Offer Free Hot Food, refreshments and a warm space to meet people



Monday, Wednesday and Friday

12noon

Staff and volunteers always welcoming

### **The Tea Service - All Saints Church**

Every Friday afternoon from 2pm - 3pm

There is no charge, but donations are welcome.

Spend time together, making new friends, while afternoon tea is served

Contact Rosie on 01386 442213



### **Evesham Older Peoples Forum**

#### **Town Hall, Evesham (Lift available)**

The fourth Tuesday of every month

1.30pm to 3.30pm

Guest speaker, entertainment, games and quizzes!

Tea and Coffee, Biscuits and Cake

**ALL WELCOME**

### **Seated Exercise**

#### **Town Hall, Evesham (Lift available)**

Every Monday

10.30am - 11.30am

Followed by Refreshments and Chat

**ALL WELCOME**





**Saturday**  
**30 March**  
4pm

# **St Andrew's Church**

## **Hampton**

Family Easter Service  
&  
Easter Egg Hunt



## Events Update – March 2024

<b>World Day of Prayer</b>	Fri	1 Mar 12.00 Noon	New Baptist Church
St Andrew's Tots	Tues	5 Mar 9.30am	Scout & Guide Hall
Church Open Morning	Sat	9 Mar 10.00-Noon	Hampton
Mother's Day Service	Sun	10 Mar 10am	Hampton
<b>Springo Bingo</b>	Mon	11 Mar 7pm for 7.30	Hampton Club
St Andrew's Tots	Tues	12 Mar 9.30am	Scout & Guide Hall
St Andrew's Tots	Tues	19 Mar 9.30am	Scout & Guide Hall
School breaks up	Fri	22 March	Hampton
<b>No Tots Today</b>	Tues	26 Mar	Scout & Guide Hall
Coffee & Crafting	Wed	27 Mar 11am	Hampton
Coffee Morning	Thurs	28 March - 10am	Sedgeberrow
<b>2 C's</b>	<b>No 2 C's in March</b>		

### ***ST. ANDREW'S CHURCH***

#### **THE TWO C'S MONTHLY TEAS**

#### ***Conversation & Company***

For those who are lonely or bereaved.

Please come & join us for - **Traditional Afternoon Tea**

Last Sunday of the month

**NO 2 C'S IN MARCH**

**Next one – 28 April 2024 from 2.30 – 4.30**

Hampton Guide and Scout Hall

For Further Information: Elaine Major 01386 40722

## Reflecting Faith: Lychgates

*The Revd Dr Jo White continues her series on the meanings in church buildings and considers church gates this month...*

On the moors near to where I used to live in West Yorkshire, there were a couple of large stones with crosses marked on them. Many people thought that they were boundary or marker stones, and in so far as they marked the way towards the oldest church in that area they were. To be more exact, they were on the route towards the oldest churchyard.

In ages past bodies were carried by hand, sometimes over long distances, and there were restrictions placed on where they could be laid to allow the bearers to rest. These two stones were 'resting' stones.

When a body arrived at the church for burial, it would again be put down while the administrative formalities were carried out, and again the bearers could rest. So, a resting stone was placed at the edge or start of the consecrated land around the church.

The priest conducting the funeral would meet the cortege here, not originally out of respect, but rather to receive the required legal certificate for burial before he allowed them to enter the church grounds.

Because of typical English weather - rain and wind - it was usually sheltered, and benches were built for the bearers. There would also be a cross within the construction to signify the start of holy land. This is what today we call the 'lychgate'; lych coming from the Anglo-Saxon word *lich* or *lic*, related to the modern German word *leiche*, all meaning corpse.

Few old lychgates remain today, as many were destroyed or damaged after the Reformation, and most of those that survived were constructed of timber and have since decayed. In the eighteenth century, when the use for the resting stones and thus lychgates declined, many were removed and replaced with gates, often retaining the shelter as it continues to be a meeting place for the priest to receive funeral parties.



### ***This month***

Try and visit a lychgate this month and actually spend a few moments under its shelter. Have a think about what burdens you want to lay down. What do you need to be sheltered from?

## What's the Big Idea – An introduction to the Books of Leviticus and Numbers

These books are concerned with Israel's wandering in the desert, on their journey from slavery in Egypt to the promised land of Canaan.

Leviticus focuses on the regulations about worship, ceremonial cleanness, moral laws and holy days. The key theme is that of *holiness*, as every detail of our lives is affected by the presence of a holy God. The aim of the sacrifices, feast and Sabbaths was to enable the people to enter God's presence. We should see the instructions and practices in Leviticus as pointing to Jesus. He totally fulfilled the law through the sacrifice of His life, as Easter reminds us. He demonstrated the love and holiness of God, so that we can share His life: '*Be holy, because I am holy*' (1 Peter 1:16, cf Lev 11:44-45; 19:2; 20:7).

The book of Numbers tells the story of Israel's journey through the wilderness. The people were coming to terms with their *identity* as God's people and the *call* to serve Him. They didn't always respond with faith, gratitude and obedience, but with unbelief, ingratitude and rebellion. As a result of their refusal to enter Canaan (ch 14), they were condemned to spend the rest of their lives in the desert. However, God in His grace allowed their children to enter the Promised Land. The book reminds us that the Church is called to be a community that honours God, learns how to deal with sin in ourselves and others, and lives out love and justice in daily life.

*'The LORD bless you and keep you; the LORD make his face shine upon you and be gracious to you; the LORD turn his face toward you and give you peace.'* (Numbers 6:24-26).

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**ST ANDREW'S TOTS**  
**HAMPTON GUIDE & SCOUT HALL**  
Every Tuesday in term time, at 9.30am

For further information:  
Margaret Thomson 01386 47541 or  
look at our Facebook page



# St Andrew's CE First School

## Successful Learners; Success for Life



The last half-term has been another action-packed learning extravaganza for every class.

At the end of every half-term, as part of our ongoing commitment to promoting positive behaviour and values, one child from every class is awarded the prestigious Values Trophy during achievement assembly. These trophies are presented to pupils who have demonstrated outstanding respect towards their peers and adults within the school community. We are always delighted to see the genuine efforts and kindness displayed by our pupils as they embody the value of respect in their daily interactions. This initiative not only acknowledges individual achievements, but also reinforces the importance of respect within our school culture.

As part of their topic, Year 3 learnt about different food Native American Indians ate. Everyone participated in making 'Three Sisters Soup' by chopping, pouring and stirring. A huge well done Year 3; the soup was delicious!

Also this term, the whole school took part in 'Safer Internet Day'. The theme this year was 'Inspiring Change'. In Year 2, the children looked at technology through the years. They were all really surprised to see how adults used to listen to music. In Reception, the children looked at how to stay safe on the internet.

Recently, Reception children have been learning about China. They found China's location on a map and talked about the similarities and differences in buildings and food, to where they live. They then tasted noodles and prawn crackers, which they really enjoyed! Here is what some of the children said:

*"I am making my own noodles like the ones we ate" - Max*

*"What would you like to order? I like those prawn crackers" - Bella*

For last year's Poppy Appeal, we raised a whopping £333.67. Thank you to everyone who supported this fundraising campaign held during the period of Remembrance.

Last half-term in Nursey Apples they learnt about different people who can help us, they loved learning about Firefighters. They changed the Role Play area into a Fire Station, which prompted lots of imaginative play. The children had the opportunity to create their own fire engine, a fire themed collage and played with red water, which helped to engage their attention.

Joel Turvey – Headteacher

Tel: 01386 41351

[office@st-andrews.worcs.sch.uk](mailto:office@st-andrews.worcs.sch.uk)

[www.st-andrews.worcs.sch.uk](http://www.st-andrews.worcs.sch.uk)



# RECIPE - Welsh Rarebit Muffins (for St David's Day)

## INGREDIENTS

- 225g self-raising flour
- 50g plain flour
- 1 tsp baking powder
- ½ level tsp bicarbonate of soda
- ¼ tsp salt
- ½ level tsp mustard powder
- 100g strong cheese, half grated, half cubed
- 6 tbsp vegetable oil
- 150g Greek yogurt
- 125ml milk
- 1 egg
- 1 tbsp Worcestershire sauce

## INSTRUCTIONS

- Heat oven to 200C/fan 180C/gas 6.
- Place twelve paper muffin cases in a muffin baking tray
- Combine both flours, baking powder, bicarbonate of soda, salt and mustard powder in a bowl.
- In a separate bowl, mix the cheese, oil, yogurt, milk, egg and Worcestershire sauce.
- Combine all the ingredients and divide between the muffin cases in the muffin tin.
- Place in the oven for 20-25 mins until golden. Remove and cool slightly on a rack.



## Sudoku Solutions (from p15)

Easy Sudoku

3	8	2	5	6	7	1	9	4
5	4	6	8	9	1	2	3	7
1	9	7	4	2	3	5	8	6
2	3	8	1	5	6	4	7	9
4	5	9	3	7	2	8	6	1
6	7	1	9	4	8	3	5	2
8	2	3	7	1	9	6	4	5
7	1	4	6	3	5	9	2	8
9	6	5	2	8	4	7	1	3

Medium Sudoku

3	6	7	2	9	1	5	8	4
9	1	2	5	8	4	6	3	7
4	8	5	6	3	7	2	1	9
8	5	6	7	1	2	9	4	3
7	3	9	8	4	5	1	6	2
2	4	1	3	6	9	7	5	8
5	7	4	1	2	3	8	9	6
1	9	8	4	7	6	3	2	5
6	2	3	9	5	8	4	7	1

## Sudoku – Easy

		3		8			2	
8	7		2	9	3			
	4	2	6			5		
5	1			3			7	4
2	3						9	5
7	8			4			3	6
		7			9	4	1	
			4	5	1		6	7
	9			6		3		

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## Sudoku - Medium

		5			7	3		
	1					2		
7				1	5			6
	5	9			6			
			3			4	2	
6			5	4				7
		1					8	
		8	2			6		

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Solutions on page 14

## Rules of living well after 60

The King is 75. Last year he did 516 engagements, and before his recent diagnosis for cancer, he had no intention of slowing down. Instead, he was keen to be 'back up and running' as soon as possible after his prostate operation. Was he right?

"Absolutely he was – you shouldn't slow down," says Sir Muir Gray, 80, former chief knowledge officer for the NHS. "Ageing exists as a normal biological process but until the age of 90, it has little effect on your ability to look after yourself, engage with others or get about independently. In fact, paradoxically, as we get older, we need to become more active – physically and mentally. Ageing doesn't make you feel old – disease and loss of fitness will."

A study from the Yale School of Public Health found that people who had positive ideas about their own ageing lived for an average of 22.6 years after they first participated in the study, while the people who felt less positively about ageing, lived for just 15 years more on average.

Of course, getting older does involve some loss of energy. But slowing down a bit is never something to be ashamed of, and getting enough rest is the very cornerstone of leading a good life.

Exercise is also crucial as we get older. Focus on the four S's: Stamina, Strength, Skill (balance) and Suppleness. Maintain your stamina by brisk walking every day for 30 minutes.

When you are ill, get up again as soon as you reasonably can. Otherwise, you are at risk of 'deconditioning syndrome', a physiological decline where muscle strength can decrease dramatically if you are over 70.

Thoughtfully review your personal life-balance. Try to find the 'sweet spot' between activity and rest. If you're only doing activities, you are inevitably going to burn out, but if you only rest, you will become sedentary and you're more likely to fall ill, feel disconnected and lonely."

**Give your brain a work-out, can solve these picture puzzles! (Solutions p 17)**





## Evesham Festival of Words

Tuesday 7 May, 7pm

### 'A Game of Two Halves'

Freelance sports reporter Alan Tolley will be sharing some of the strange and humorous situations he's found himself in over the years in his career.

He will also talk about the do's and don'ts of reporting, as well as the inevitable highs and lows of his reporting career. This is a talk which will appeal to lovers of football, as well as those not so keen!



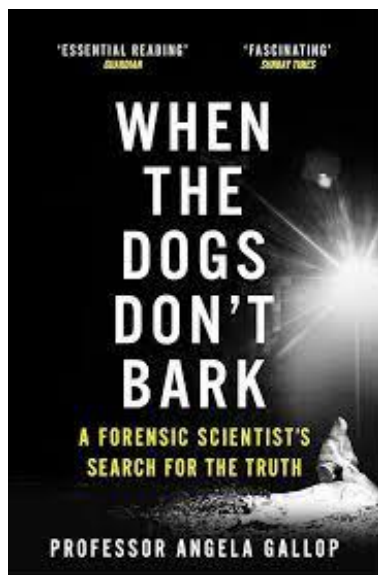
**Venue: Cornmill Yard, Cornmill Lane, Cheltenham Road WR11 2LL**

Tickets: £22, including two course supper (pre-booking by 3 May essential) available via [www.eveshamfestivalofwords.org](http://www.eveshamfestivalofwords.org) or [info@eveshamfestivalofwords.org](mailto:info@eveshamfestivalofwords.org) or Tel: 0787 128506

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**Wednesday 5 June, 7.00pm**

### 'When the Dogs Don't Bark'



Dr Angela Gallop CBE is a leading UK Forensic Scientist and star of ITV's 'Cold Case Forensics'. During her remarkable career she has worked on thousands of cases in the UK and around the world, helping to solve a huge number of crimes.

From crime scene to courtroom Angela has seen it all. From examining blood patterns and footwear marks, to analysing fragments of glass, paint and textile fibres, she shows that every contact really does leave a trace and every trace can help solve a crime.

**Venue: Evesham Rowing Club, Abbey Lane, Evesham WR11 4ST**

*Come early and treat yourself to a drink at the bar.*

Tickets: £12 online via [www.eveshamfestivalofwords.org](http://www.eveshamfestivalofwords.org) or [info@eveshamfestivalofwords.org](mailto:info@eveshamfestivalofwords.org) or Tel: 0787 128506

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**Solutions to Picture Puzzles – 18 Carat Ring; Black Bored Paint; Storm in a Teacup**

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## Thomson Podiatry Rosanna Thomson (BSc Hons) MChS

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# SERVICES FOR MARCH 2024

<b>3 March – Third Sunday of Lent</b>				
		8am	Holy Communion	Hampton
		10am	Morning Praise	Hampton
		10am	Holy Communion	Sedgeberrow
Exodus 20: 1-17; 1 Corinthians 1: 18-25; John 2: 13-22				
Wednesday 6		10am	Holy Communion	Hampton
<b>10 March – Fourth Sunday of Lent – Mothering Sunday</b>				
		8am	Holy Communion	Hampton
		10am	Parish Eucharist	Hampton
		10am	Morning Praise	Sedgeberrow
		11am	Morning Praise	Hinton
Numbers 21: 4-9; Ephesians 2: 1-10; John 3: 14-21 <b>OR</b> Exodus 2: 1-10 or Samuel 1: 20-end; 2 Corinthians 1: 3-7 or Colossians 3: 12-17; Luke 2: 33-35 or John 19 25b-27				
Wednesday 13		10am	Holy Communion	Hampton
<b>17 March – Fifth Sunday of Lent</b>				
		8am	Holy Communion	Hampton
		10am	Morning Praise	Hampton
		10am	Holy Communion	Sedgeberrow
Jeremiah 31: 31-34; Hebrews 5: 5-10; John 12: 20-33				
Wednesday 20		10am	Holy Communion	Hampton
<b>24 March – Palm Sunday</b>				
		8am	Holy Communion	Hampton
		10am	Parish Eucharist	Hampton
		10am	Morning Praise	Sedgeberrow
		3pm	Holy Baptism	Hampton
Isaiah 50: 4-9a; Philip 2: 5-11; Mark 14: 1-end of 15 or Mark 15: 1-39 [40-end]				
Monday 25		7pm	Compline	Hampton
Tuesday 26		7pm	Compline	Hampton
Wednesday 27		10am	Holy Communion	Hampton
Wednesday 27		7pm	Compline	Hampton
<b>Maundy Thursday 28</b>		<b>7pm</b>	<b>Eucharist</b>	<b>All Saints</b>
<b>29 March – Good Friday</b>				
		10.30am	Stations of the Cross	Hampton
		11am	Procession of Witnesses	Churches Together
		2pm	Good Friday Liturgy	Hampton
		2pm	Good Friday Liturgy	Sedgeberrow
<b>30 March – Easter Saturday</b>				
		4pm	Family Service and Easter Egg Hunt	Hampton
<b>31 March – Easter Sunday</b>				
		8am	Holy Communion	Hampton
		10am	Morning Praise	Hampton
		10am	Holy Communion	Sedgeberrow
Acts 10: 34-43 or Isaiah 25: 6-9; 1 Corinthians 15: 1-11 or Acts 10: 34-43; John 20: 1-18 or Mark 16: 1-8				

# Merstow Green Funeral Home

YOUR LOCAL FUNERAL DIRECTORS



**Kevin Bowen**

**Carol Phillips DipFD**

**Philip Tomlins DipFD**

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